



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Tell Me**

Type: 32 Count, 4 Wall, Improver

Choreographer: Gary O'Reilly (IRE), October 2025

Choreographed to: Grandpa (Tell Me 'Bout The Good Old Days) by Kalsey Kulyk (102 bpm, 3:46 min)

Intro: Start after count 32

Section 1 Side, Behind, Chasse 1/4 Right, Step Pivot 1/2, 1/2 Shuffle

1,2	Step right to right side. Cross left behind right	Side, behind
3&4	Step right to right side. Step left beside right. Step right 1/4 turn right (3:00)	Right chassee turn
5,6	Step left forward. Pivot 1/2 turn right (9:00)	Step, pivot
7&	Turn 1/4 right stepping left to left side. Step right beside left	Half shuffle
8	Turn 1/4 right stepping left back (3:00)	
	<i>Non-turning steps 5-8: Forward Rock, Back Shuffle</i>	
5,6	<i>Rock forward on left. Recover on right</i>	<i>Forward rock</i>
7&8	<i>Step left back. Step right beside left. Step left back</i>	<i>Back shuffle</i>

Section 2 Walk Back x 2, Coaster Cross, Vine 1/4 Left

1,2 @	Walk back stepping right, left	Back, back
3&4	Step right back. Step left beside right. Cross right over left	Coaster cross
5-7	Step left to left side. Cross right behind left. Step left 1/4 turn left (12:00)	Side, behind, turn

Section 3 Vine Right, Cross Rock, Chasse 1/4 Left, 1/2 Shuffle

8,1,2	Step right to right side. Cross left behind right. Step right to right side	Side, behind, side
3,4	Cross rock left over right. Recover on right	Cross rock
5&6	Step left to left side. Step right beside left. Step left 1/4 turn left (9:00)	Left chassee turn
7&	Turn 1/4 left stepping right to right side. Step left beside right	Half shuffle
8	Turn 1/4 left stepping right back (3:00)	
	<i>Non-turning steps 5-8: Chasse 1/4 Left, Back Shuffle</i>	
5&6	<i>Step left to left side. Step right beside left. Turn 1/4 right stepping left back (3:00)</i>	<i>Left chassee turn</i>
7&8	<i>Step right back. Step left beside right. Step right back</i>	<i>Back shuffle</i>

Section 4 Back Rock, Full Turn, Forward Rock, Coaster Cross

1,2	Rock back on left. Recover on right	Back rock
3,4	Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward	Full turn
	<i>Non-turning steps 3-4: Walk x 2</i>	
3,4	<i>Walk forward stepping left, right</i>	<i>Walk, walk</i>
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Step left back. Step right beside left. Cross left over right	Coaster cross

Ending @ Wall 11 (6:00) after 10 Counts (facing 9:00)

	Sailor 1/4 Cross, Side	
3&4	Turn 1/4 right crossing right behind left (12:00). Step left to left side. Cross right over left	Sailor cross
5	Step left to left side	Side
