



Dance: **Take A Look At Yourself**
Type: 48 Count, 2 Wall, Intermediate
Choreographer: Simon Ward (AUS) & Jo Thompson Szymanski (USA), May 2026
Choreographed to: Before You Accuse Me by Eric Burdon (100 bpm, 3:11 min)

Intro: Start after count 16

Section 1 Kick-Ball Side, Modified Sailor 3/8, Step, 1/2 Turn, Coaster Step

1&2	Facing diagonal (10:30) - Kick right forward. Step ball of right beside left. Step left to left side	Kick-ball side
3&4	Turn 3/8 right crossing right behind left (3:00). Step left to left side. Step right forward	Sailor turn
5,6	Step left forward. Turn 1/2 left stepping right back (9:00)	Step, turn
7&8	Step left back. Step right beside left. Step left forward	Coaster step

Section 2 Walk x 2, Side, Cross, Step, 1/4 Hitch, Extended Weave Right

1,2	Walk forward stepping right, left	Walk, walk
&3	Facing diagonal (7:30) - Step right to right side. Cross left over right	&, cross
4,5	Step right forward (9:00). Hitch left making 1/4 turn right (12:00)	Step, hitch
6&7	Cross left over right. Step right to right side. Cross left behind right	Cross, side, behind
&8	Step right to right side. Cross left over right	Side, cross

Section 3 Side Rock Switch, Forward Rock, Back Touch x 2

1,2&	Rock to side on right push hips right and lift left toe. Recover on left. Step right beside left	Side rock, &
3,4&	Rock to side on left push hips left and lift right toe. Recover on right. Step left beside right	Side rock, &
5,6	Rock forward on right. Recover on left	Forward rock
&7&8	Step right back. Touch left beside right. Step left back. Touch right beside left	&, touch, &, touch

Section 4 1/4 Turn, Point, Rolling Vine Left, Vaudeville, Cross Shuffle

&1	Turn 1/4 right stepping right to right side (3:00). Point left to left side	Turn, point
2-4	Step left 1/4 turn left. Turn 1/2 left stepping right back. Turn 1/4 left stepping left to left side	Turn, turn, turn
	<i>Non-turning steps 2-4: Vine Left</i>	
	<i>Step left to left side. Cross right behind left. Step left to left side</i>	<i>Side, behind, side</i>
5&	Cross right over left. Step left small step to left side	Cross, &
6&	Touch right heel forward on diagonal (4:30). Step right beside left	Heel, &
7&8	Cross left over right. Step right to right side. Cross left over right	Cross shuffle

Section 5 Side, Behind, Hold, Side, Cross, Hold, Side, Close, Cross, Hinge 5/8 Turn

&1,2	Step right small step to right side. Cross left behind right. Hold	&, behind, hold
&3,4	Step right small step to right side. Cross left over right. Hold	&, cross, hold
&5,6	Step right to right side. Step left beside right. Cross right over left	&, close, cross
7,8	Turn 1/4 right stepping left back (6:00). Turn 3/8 right stepping right forward (10:30)	Turn, turn

Section 6 Forward Rock, Back x 2, Coaster Step, 1/2 Turn

1,2	Rock forward on left. Recover on right	Forward rock
3,4	Step left back fanning right toe out. Step right back fanning left toe out	Back, back
5&6	Step left back. Step right beside left. Step left forward	Coaster step
7	Turn 1/4 left stepping right large step to right and dragging left (7:30)	Turn
8	Turn 1/4 left stepping left beside right (4:30)	Turn
