



Dance: **Sweet Jamaica**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Alexis Strong (UK), January 2025
Choreographed to: Sweet Jamaica by The Dualers (132 bpm, 3:23 min)

Intro: Start after count 32, on the vocals

Section 1 Heel Switch x 4

1,2	Touch right heel forward. Step right beside left	Heel, &
3,4	Touch left heel forward. Step left beside right	Heel, &
5,6	Touch right heel forward. Step right beside left	Heel, &
7,8	Touch left heel forward. Step left beside right	Heel, &

Section 2 Vine Right Kick, Vine Left Kick

1-4	Step right to right side. Cross left over right. Step right to right side. Kick left	Side, cross, side, kick
5-8	Step left to left side. Cross right over left. Step left to left side. Kick right	Side, cross, side, kick

Section 3 Back Rock, Paddle 1/8 x 2, Forward Rock

1,2	Rock back on right. Recover on left	Back rock
3,4	Touch right forward. Paddle 1/8 turn left (10:30)	Paddle
5,6	Touch right forward. Paddle 1/8 turn left (9:00)	Paddle
7,8	Rock forward on right. Recover on left	Forward rock

Section 4 Back Point x 2, Hip Bump x 4

1,2	Step right back. Point left to left side	Back, point
3,4	Step left back. Point right to right side	Back, point
5,6	Step right small step back and bump hips back. Bump hips forward	Bump back, forward
7,8	Bump hips back. Bump hips forward	Back, forward
