



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Shirts And Skirts**

Type: 32 Count, 4 Wall, Absolute Beginner

Choreographer: Jamie Barnfield (UK), October 2025

Choreographed to: Man I Feel Like A Woman (Real Hypha Remix) by Shania Twain (136 bpm, 2:56 min)

Intro: Start after count 8

Section 1 K-Step

1,2	Step right forward on diagonal (1:30). Touch left beside right and click fingers	Step, touch
3,4	Step left back on diagonal (7:30). Touch right beside left and click fingers	Back, touch
5,6	Step right back on diagonal (4:30). Touch left beside right and click fingers	Back, touch
7,8	Step left forward on diagonal (10:30). Touch right beside left and click fingers	Step, touch

Section 2 Vine Right Touch, Vine Left Touch

1,2	Step right to right side. Cross left behind right	Side, behind
3,4	Step right to right side. Touch left beside right and clap	Side, touch
5,6	Step left to left side. Cross right behind left	Side, behind
7,8	Step left to left side. Touch right beside left and clap	Side, touch

Section 3 Walk x 3, Kick, Walk Back x 3, Touch

1-4	Walk forward stepping right, left. Kick left	Walk, walk, walk, kick
5-8	Walk back stepping left, right. Touch right beside left	Back, back, back, touch

Section 4 V-Step, Paddle 1/8 x 2

1,2	Step right forward on diagonal (1:30). Step left forward on diagonal (10:30)	Step out, out
3,4	Step right back on diagonal (7:30). Step left beside right	In, close
5,6	Touch right forward. Paddle 1/8 turn left (10:30)	Paddle
7,8	Touch right forward. Paddle 1/8 turn left (9:00)	Paddle
