



Dance: **Retrospectacle**
 Type: 32 Count, 4 Wall, Improver
 Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK), January 2026
 Choreographed to: Rock This Country! By Shania Twain (130 bpm, 4:22 min)

Intro: Start after count 8

Section 1	Side Rock Switch x 2, Forward Rock, Walk Back x 3	
1,2&	Rock to side on right. Recover on left. Step right beside left	Side rock, &
3,4&	Rock to side on left. Recover on right. Step left beside right	Side rock, &
5,6	Rock forward on right. Recover on left	Forward rock
7&8	Walk back stepping right, left, right	Back, back, back
	<i>Alternative steps 7&8: Back Lock Step</i>	
7&8	<i>Step right back. Lock left over right. Step right back</i>	<i>Back, lock, back</i>
Section 2	Side Touch, Kick-Ball Cross, Side, Kick-Ball Cross, 1/4 Turn	
1,2	Step left to left side. Touch right beside left and angle body to diagonal (1:30)	Side, touch
3&4	Kick right forward. Step ball of right beside left. Cross left over right	Kick-ball cross
5	Step right to right side and angle body to diagonal (10:30)	Side
6&7	Kick left forward. Step ball of left beside right. Cross right over left	Kick-ball cross
8	Turn 1/4 right stepping left back (3:00)	Turn
Section 3	Back Rock, Step, Left Shuffle, Step Pivot 1/4, Cross	
1-3	Rock back on right. Recover on left. Step right forward	Back rock, step
4&5	Step left forward. Step right beside left. Step left forward	Left shuffle
6-8	Step right forward. Pivot 1/4 turn left (12:00). Cross right over left	Step, pivot, cross
Section 4	Hinge 1/2 Turn, Cross Shuffle, Modified Monterey 1/4	
1,2	Turn 1/4 right stepping left back (3:00). Turn 1/4 right stepping right to right side (6:00)	Turn, turn
3&4	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
5,6	Point right to right side. Turn 1/4 right stepping right beside left (9:00)	Monterey
7&8	Rock to side on left. Recover on right. Cross left over right	
	<i>Non-turning steps 1-6: 1/4 Turn, Step, Step Lock Step, Point, Clos, Mambo Cross</i>	
1,2	<i>Step left 1/4 turn left (9:00). Step right forward</i>	<i>Turn, step</i>
3&4	<i>Step left forward. Lock right behind left. Step left forward</i>	<i>Step, lock, step</i>
5,6	<i>Point right to right side. Step right beside left</i>	<i>Point, close</i>
7&8	<i>Rock to side on left. Recover on right. Cross left over right</i>	<i>Mambo cross</i>
Tag	End of Wall 5 (12:00 - add Tag facing 9:00)	
	End of Wall 10 (9:00 - add Tag facing 6:00)	
	Sway x 4	
1-4	Step right to right side and sway right. Sway left. Sway right. Sway left	Sway, sway, sway, sway