



Dance: **Northbound Flame**  
Type: 32 Count, 4 Wall, Absolute Beginner  
Choreographer: Noreen Wall (UK), January 2026  
Choreographed to: Northbound Flame by Darren Knight (131 bpm, 4:32 min)

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Intro: Start after count 32

<b>Section 1</b>	<b>Rumba Box</b>	
1,2	Step right to right side. Step left beside right	Side, close
3,4	Step right forward. Touch left beside right	Step, touch
5,6	Step left to left side. Step right beside left	Side, close
7,8	Step left back. Touch right beside left	Back, touch
<b>Section 2</b>	<b>Side Touch x 2, Vine Right Touch</b>	
1,2	Step right to right side. Touch left beside right	Side, touch
3,4	Step left to left side. Touch right beside left	Side, touch
5,6	Step right to right side. Cross left behind right	Side, behind
7,8	Step right to right side. Touch left beside right	Side, Touch
<b>Section 3</b>	<b>Side Touch x 2, Vine 1/4 Left Touch</b>	
1,2	Step left to left side. Touch right beside left	Side, touch
3,4	Step right to right side. Touch left beside right	Side, touch
5,6	Step left to left side. Cross right behind left	Side, behind
7,8	Step left 1/4 turn left (9:00). Touch right beside left	Turn, touch
<b>Section 4</b>	<b>K-Step</b>	
1,2	Step right forward on diagonal (10:30). Touch left beside right	Step, touch
3,4	Step left back on diagonal (4:30). Touch right beside left	Back, touch
5,6	Step right back on diagonal (1:30). Touch left beside right	Back, touch
7,8	Step left forward on diagonal (7:30). Touch right beside left	Step, touch

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