



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **New Heart**
Type: 32 Count, 4 Wall, Improver
Choreographer: Alexis Strong (UK), June 2025
Choreographed to: New Heart by Crash Adams (134 bpm, 3:03 min)

Intro: Start after count 8, on the vocals

Section 1 Back Rock, Right Shuffle, Forward Rock, Coaster Cross

1,2	Rock back on right and hitch left. Recover on left	Back rock
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Step left back. Step right beside left. Cross left over right	Coaster cross

Section 2 1/2 Figure Of 8

1-3	Step right to right side. Cross left behind right. Step right 1/4 turn right	Side, behind, turn
4-6	Step left forward. Pivot 1/2 turn right. Turn 1/4 right stepping left to left side	Step, pivot, turn
7,8	Cross right behind left. Step left 1/4 turn left (9:00)	Behind, turn
<i>Non-turning steps 1-8: Vine Right, Cross Rock, Vine 1/4 Left</i>		
1-3	Step right to right side. Cross left behind right. Step right to right side	Side, behind, side
4,5	Cross rock left over right. Recover on right	Cross rock
6-8	Step left to left side. Cross right behind left. Step left 1/4 turn left (9:00)	Side, behind, turn

Section 3 (Step, Hold, Close) x 2, Forward Rock, Walk Back x 2

1,2&	Step right forward. Hold. Step left beside right	Step, hold, &
3,4&	Step right forward. Hold. Step left beside right	Step, hold, &
5,6	Rock forward on right. Recover on left	Forward rock
7,8	Walk back stepping right, left	Back, back

Section 4 Back Rock, Step Pivot 1/2, Step Touch x 4

1,2	Rock back on right. Recover on left	Back rock
3,4	Step right forward. Pivot 1/2 turn left (3:00)	Step, pivot
&5	Step right forward on diagonal (4:30). Touch left beside right	&, touch
&6	Step left forward on diagonal (1:30). Touch right beside left	&, touch
&7	Step right forward on diagonal (4:30). Touch left beside right	&, touch
&8	Step left forward on diagonal (1:30). Touch right beside left	&, touch

Tag End of Wall 10 (3:00 - add Tag facing 6:00)

Reverse Rocking Chair

1-4	Rock back on right. Recover on left. Rock forward on right. Recover on left	Rocking chair
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