



Dance: **Dance The Conga**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Helen Parkyn (UK), November 2023
Choreographed to: Dance The Conga by Dave Sheriff (126 bpm, 3:14 min)

Intro: Start after count 48

Section 1	Prissy Walk x 2, Right Shuffle, Prissy Walk x 2, Left Shuffle	
1,2	Step right forward across left. Step left forward across right	Walk, walk
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Step left forward across right. Step right forward across left	Walk, walk
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle
Section 2	Cross Rock, Chasse Right, Cross Rock, Chasse Left	
1,2	Cross rock right over left. Recover on left	Cross rock
3&4	Step right to right side. Step left beside right. Step right to right side	Right chasse
5,6	Cross rock left over right. Recover on right	Cross rock
7&8	Step left to left side. Step right beside left. Step left to left side	Left chasse
Section 3	Forward Rock, Back Shuffle, Back Rock, Left Shuffle	
1,2	Rock forward on right. Recover on left	Forward rock
3&4	Step right back. Step left beside right. Step right back	Back shuffle
5,6	Rock back on left. Recover on right	Back rock
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle
Section 4	Step Pivot 1/2, Right Shuffle, Step Pivot 1/4, Left Shuffle	
1,2	Step right forward. Pivot 1/2 turn left (6:00)	Step, pivot
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Step left forward. Pivot 1/4 turn right (9:00)	Step, pivot
	<i>Alternative steps 5-6 (for conga style dance): Step Pivot 1/2</i>	
5,6	<i>Step left forward. Pivot 1/2 turn right (12:00)</i>	<i>Step, pivot</i>
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle
